

The Wenu

STARTERS

FRESH SOUP OF THE DAY €6

with homemade brown bread (1,7,9)

IRISH SEAFOOD CHOWDER €9.5

Traditional Irish style chowder served with homemade brown bread (1,2,4,7,9,12,14)

IRISH MUSSELS €14

Wild Atlantic Mussels served with an Asian white wine sauce and homemade brown bread. (1,2,7,9,12,14)

CHORIZO TIGER PRAWNS €14

Tiger Prawns, Sliced Chorizo in sticky stir-fry sauce, toasted ginger butter on homemade focaccia bread, rocket & sesame seeds. (1,2.6,7,10,11,14)

WILD MUSHROOM €10

Mixed wild mushrooms, basil pesto, garlic butter, drizzled with Port and red current jus topped with rocket and mixed seeds. (1,7,11,12)

GOATS CHEESE AND CARAMELISED BACON SALAD €9.5

Iceberg, Rocca salad, cherry tomato, red onion, caramelised bacon, basil pesto, crumbed goats cheese drizzled with balsamic glaze. (3,7,10,11,12)

BBQ PULLED PORK FLAT BREAD €10

Scallion & garlic flat bread with BBQ pulled pork, chipotle mayo, rocket. (1,3,6,7,10,12)

OLIVES & HOMEMADE BREAD €9

Basil pesto, harissa hummus & butter dips (1,6,10,13)

IRISH CHARCUTERIE SHARING PLATE €9 for one €16 sharing

€16 sharing
Selection Irish cured meats, Irish artisan cheese,

homemade mango chutney, homemade breads



MAINS

MEDITERRANEAN SPICED PORK RIB CHOP €24.95

Mediterranean Spiced Pork Rip Chop, Harissa couscous, julienne vegetables, Greek style citrus avocado yoghurt (1,7,10,12)

FILLET OF RAINBOW TROUT & FRESH MUSSELS €21.95

Fresh fillet of Rainbow Trout Orzo Pasta, Chilli bean & pak choi smokey tomato sauce with Fresh Wild Atlantic Mussels (1,2,4,6,10,12,14)

SMOKED PIPRIKA HONEY ROAST CHICKEN €23.95

Irish chicken breast, caramelised bacon creamy mash potato roasted vegetables drizzled with a port and red current jus. (1,7,10,12)

WILD MUSHROOM TOMATO PASTA €18.95

Irish wild mushroom, pak choi, cherry tomato, tagliatelle pasta topped with rocket and parmesan cheese. (1,3,7,12)

Add Chicken €3

SLOW COOKED BEEF €29.95

8 hour slow cooked Burns Farm feather blade beef, creamy mash, roasted vegetables with a beef jus and parsnip crisp (7,9,10,12)

PRAWNS & MUSSELS PASTA €22.95

Fresh Wild Atlantic Mussels, Tiger Prawns, tagliatelle pasta in a creamy tomato sauce topped with rocket and parmesan cheese. (1,2,3,7,12,14)

VEGETABLE STIR FRY €18.95

Pak choi, Julienne Vegetables, egg noodles in a sticky sweet chili soy sauce (1,3,6,7,12,13)

Add Chicken €3

SIRLOIN STEAK €36

Burns Farm 12oz Sirloin steak on a bed of sauteed mushrooms and onion, pepper sauce and fresh cut chips. (7.12)

Surf & turf with tiger prawns. (14) €4

DESSERTS

BLACK FOREST TIRAMISU €9

Lady fingers soaked in black forest cherry compote topped with port infused cream (1,6,11)

HOMEMADE CHOCOLATE AND CARAMEL BROWNIE €8

Served with vanilla ice-cream, chocolate sauce and fresh cream. (3,7)

HOMEMADE STICKY TOFFEE PUDDING €8

Served with vanilla ice-cream, butterscotch sauce and fresh cream. (1,3,7,12)

HOMEMADE STRAWBERRY APPLE CRUMBLE €8

Served with custard, ice-cream and fresh cream. (1,3,7,12)

BREAD & BUTTER PUDDING €7.5

Whiskey & orange bread and butter pudding served with custard, ice-cream and fresh cream. (1,3,7,12)

SELECTION OF ICE-CREAM €6.5

Strawberry, vanilla and chocolate ice-cream with fresh cream and chocolate sauce (7)

ALLERGEN INFORMATION 1. Cereals (containing Gluten) 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard

11. Sesame Seeds 12. Sulphur Dioxides & Sulphites 13. Lupin 14. Molluscs All our Meat is Locally sourced by Burns Farm in Grange Sligo